WELCOME
GUIDE FOR
INTERNATIONAL
STUDENTS
UNIVERSITE BRETAGNE SUD
Dear prospective student,

Thank you for choosing to study at the University of South Brittany. We are delighted! You are about to join a human scale University that nurtures a real interest in people, in collective adventure and participatory progress. At UBS, we focus on the collective and each one of us will be pleased to welcome you.

You are about to start or to pursue your higher education in promising fields to acquire cutting-edge skills that will meet the needs of employers and that will also allow you to better understand the contemporary challenges facing our societies.

Finally, you are about to settle in a wonderful region, where you will discover well-established traditions, a unique heritage and splendid landscapes.

Throughout your curriculum at UBS, you will receive support not only from your teachers but also from your fellow students and the administrative and technical staff. Everyone is committed to seeing you succeed and become well-integrated. Be sure that each of us will work to help you and guide you to make the most of your experience at UBS.

I wish you a brilliant academic career and a pleasant stay in the Morbihan.

Prof. Christine Chauvin
Vice-President for International Relations
CHAPTER 1

DISCOVERING UBS
1.1 GENERAL PRESENTATION OF THE UNIVERSITY

Founded in 1995, UBS has always been a major social advancement advocate and venue for lifelong learning for the regional population, and a major contributor to local economic and cultural development. Multidisciplinary, modern and innovating, UBS is constantly growing and adapting to the needs of local industries and services.

Due to its proximity to its students and to its cultural and economic partners, UBS provides wider access to tertiary education and sets students onto successful and meaningful careers. 90% of students are employed within 18 months of their graduation.

UBS is ideally located between the sea and land. It has two main campuses, Lorient and Vannes on the coast and one inland in Pontivy.

The University has three faculties, two Institutes of Technology and one School of Engineering.

1.2 FACULTIES, INSTITUTES AND SCHOOL

The University has three faculties, two Institutes of Technology and one School of Engineering.

FACULTY OF ARTS, HUMANITIES AND SOCIAL SCIENCES

BACHELOR DEGREES

- History
- Modern literature
- Languages:
  - International trade
  - European communication and exchange
- Trilingual Import-Export Commercial Assistant (Professional Degree)
- Foreign and Regional Languages, Literatures and Civilisations English/Spanish

MASTERS

- History, Civilisations and Heritage
- Geography, urban planning and development of coastal areas
- Book and Publishing Professions
- Regional and European Project Management (French German Czech tridegree)
- International Business Development Manager (Professional Master)
- Languages, Literatures and Civilisations

FACULTY OF SCIENCES AND ENGINEERING SCIENCES

BACHELOR DEGREES

- Mathematics
- Computer Sciences
- Life and Earth Sciences
- Ecology and Society Sciences
- Engineering Sciences

MASTERS

- Biotechnology
  - Chemical ecology
- Computer Sciences
- Design Engineering
- Complex System Engineering
- Applied Mathematics and Statistics
- Earth and Planetary Sciences, Environment
FACULTY OF LAW, ECONOMICS, AND MANAGEMENT

BACHELOR DEGREES
► Law
► Economics and Management*
► Professional degrees in Human Resources; Insurance, Banking, Finance; Management of Agricultural and Agrifood Organisations

MASTERS
► Public and Private Law
► Accounting, Control and Audit
► Management Control and Organisational Audit: Information Systems
► Sales and Marketing
► Human Resources management
► Money, Banking, Finance and Insurance:
  • Marketing of Financial and Insurance Products
  • Asset Management consultant in Agency

* In the third year, four fully differentiated courses are offered: Applied Economics; Economics and Management of Organizations; Sales and Marketing; Financial Accounting

VANNES INSTITUTE OF TECHNOLOGY

TECHNICAL UNIVERSITY BACHELOR DEGREES
(BACHELOR UNIVERSITAIRE DE TECHNOLOGIE /BUT) IN FOUR DOMAINS
► Computer Science
► Statistics and Business Intelligence
► Business and Administration Management
► Sales and Marketing Techniques

For more information on the Vannes Institute of Technology, click here.
1.4 ORGANIZATION OF STUDIES

A year at the university consists of 2 semesters:
► First semester from September to December/January,
► Second semester from January to May/June depending on the course.

Each semester, you should get 30 ECTS Credits therefore, 60 ECTS Credits per year.

There are two types of exams that you will need to pass in order to obtain your degree:
► Continuous Assessment (Contrôle continu) all throughout the semester: written exams, oral presentations, class attendance and participation also count for the continuous assessment
► Final Assessment (Contrôle terminal or Partiel) at the end of each semester (December-January and May-June)

In the event of failing exams, for Bachelor’s and Master’s level courses, there is a "second session" ("deuxième session"), or "session de rattrapage", which allows students to retake written and/or oral tests at the end of the year.

VOCABULARY
► Cours magistraux are lectures taking place in lecture theaters.
► Travaux dirigés are tutorials with a small group of students. It is an opportunity to ask questions, share ideas with fellow students and do study exercises.
► Travaux pratiques are classes in laboratories.

1.3 UBS COURSE CATALOGUE

Clicking on this link will take you to the University multi-criteria course catalogue and the description of the various courses offered by the institution. This will give you an overview of UBS in terms of its courses and/or research.

If you wish to check the courses directly offered by each Faculty or Institute, click on any of the logos below and look for the pop down menu “Formation”:

Details of the Syllabus are available for each degree and can usually be found on the bottom right of the screen as a downloadable pdf file under "plaquettes" or "pedagogical booklet" - in French "livret pédagogique".

THE FRENCH HIGHER EDUCATION SYSTEM

Panorama de l’enseignement supérieur français
2.1 THE INTERNATIONAL OFFICE
LE SERVICE DES AFFAIRES INTERNATIONALES

The International Office (in French Service des Affaires Internationales - SAI) is a service that is common to the Faculties, Institutes of Technology and the School of Engineering.

It implements the international policy of the University:
► It informs and supports students and staff, in their international projects within the framework of partnerships.
► It manages and coordinates international mobility programs (studies and internships abroad).
► It is in charge of the international promotion of the University, such as negotiating bilateral agreements for the internationalization of programs.
► It welcomes and supports international students before and upon their arrival at UBS.
► It welcomes international partner delegations.

THE WELCOME DESK
One key priority for UBS is the quality of its welcome for international students. For this purpose, UBS focuses on hosting students via international bilateral agreements and recruiting through Campus France networks.

In order to ensure smooth student integration in the cities of Lorient, Vannes and Pontivy and on the University campus, with regards to both practical and social aspects, UBS has put in place a welcome process for international students admitted at UBS. It targets both exchange and individual students.

It includes:
► Two weeks of administrative orientation upon arrival
► An intensive refresher course in French and French courses from level B1 + / B2 to level C1 offered throughout the year
► One-stop Welcome Desk with presentations from all university support services such as:
  • The sectors of accommodation, catering, and the allocation and management of higher education grants, and also social and cultural action (CROUS)
  • Family Allowance Fund (CAF)
  • Primary Health Insurance Fund (CPAM)
  • Organizations in charge of student health insurance (mutuelles)
  • Student associations

Contact details:
LORIENT HEAD-OFFICE
Sandra VESSIER
Head of the International Office:
Phone number: +33 (0)2.97.87.66.70
sai.candidats-internationaux@listes.univ-ubs.fr

LORIENT SECRETARIAT
Laure GUYADER
Phone number: +33 (0)2.97.87.66.70
Maurin LAGASSAT
Phone number: +33 (0)2.97.87.66.72

VANNES SECRETARIAT
Glykéria KARAKOULAKI
Phone number: +33 (0)2.97.01.70.24
Myriam PICHON
Phone number: +33 (0)2.97.48.50.62

For general enquiries, please contact:
sai@univ-ubs.fr

If you are coming to UBS as an exchange student, please contact:
sai.incoming-exchange@listes.univ-ubs.fr

If you are coming to UBS to obtain a UBS degree, please contact:
sai.candidats-internationaux@listes.univ-ubs.fr
2.2 STUDENT HEALTH AND DISABILITY PREVENTION CENTRE
LE PÔLE ÉTUDIANT PRÉVENTION SANTÉ & HANDICAP

Medical consultations, Counselling, Social Assistance, Support and planning of your studies … the Student Health and Disability Prevention Centre receives, advises, informs and guides students according to their respective needs.

LORIENT CAMPUS
Maryée Sannedy - 02 97 87 45 99
sante.handicap.lorient@listes.univ-ubs.fr

VANNES CAMPUS
Angélique Sarret - 02 97 01 27 21
sante.handicap.vannes@listes.univ-ubs.fr

MEDICAL VISITS AT UBS

During your studies you must undertake at least one compulsory medical visit as part of the University preventative health and check-up campaign. You can also ask for an appointment with the University doctor to:

► obtain a medical certificate recommending the organization and planning of the exams you need (with regards to the disability situation)
► obtain a medical certificate allowing you to practice sports (high level competitions excluded) based on your answers to the sports service (SUAPS) questionnaire
► have a consultation for any information in the field of prevention and health (addictions, nutrition, sleep, smoking, sexuality, mental health issues, anxieties, depression, …)

You can book appointments online via the Intranet ENT (except for academic exam arrangements).

For special academic arrangements, contact the secretariat:

LORIENT CAMPUS
Docteur Musset ou Docteur Allard - 02 97 87 45 99
sante.handicap.lorient@listes.univ-ubs.fr

VANNES CAMPUS
Docteur Allard - 02 97 01 27 21
sante.handicap.vannes@listes.univ-ubs.fr

COUNSELLING WITH A PSYCHOLOGIST

If you are going through a difficult time, feeling stressed or down, experiencing personal, family issues linked to or separate to your studies … You can always consult a psychologist (prior appointment required) for occasional or on-going psychological support.

The appointments are individual and confidential.

LORIENT CAMPUS
Julie Bazire - 02 97 87 45 99
sante.handicap.lorient@listes.univ-ubs.fr

VANNES CAMPUS
Isabelle Le Hir-Le Bouquin - 02 97 01 27 21
sante.handicap.vannes@listes.univ-ubs.fr

APPPOINTMENTS WITH A STUDENT SOCIAL WELFARE OFFICER

The Student Social Welfare Office welcomes and listens to students experiencing problems regardless of what the problem is, whether linked to family issues, financial or administrative. Welfare officers are bound by professional secrecy, and ensure a daily presence on both the Vannes and Lorient campuses. Welfare officers provide students with advice and information regarding different forms of support and assistance. They advise students seeking financial assistance, guidance or information. Officers, together with the students, strive to find the best solutions to the students’ personal, family or study related problems.

The specific one-off assistance “Aide Spécifique d’Allocation Ponctuelle” (ASAP) enables certain students, after a meeting with a welfare officer, to benefit from a one-off or annual financial aid. The University also has a special social emergency fund for students confronted with extreme financial difficulties. In January 2020, The French Ministry of Higher Education, Research and Innovation put in place a Hotline number 0806 000 278, Monday to Friday from 9 to 5 pm. This hotline redirects you directly to your university Student Welfare Office. We therefore advise you to directly contact the university student social welfare officers on the following numbers:

LORIENT CAMPUS
Dominique Island et Morgane Le Vaillant - 02 97 87 45 99
sante.handicap.lorient@listes.univ-ubs.fr

VANNES CAMPUS
Annaïg David et Morgane Le Vaillant - 02 97 01 27 21
sante.handicap.vannes@listes.univ-ubs.fr
Students enrolled at UBS
Formulate your request as early as possible before November 15th for the first semester and before March 1st for the 2nd Semester by making an appointment with:

LORIENT CAMPUS
Hélène Courtet - 02 97 87 45 99
sante.handicap.lorient@listes.univ-ubs.fr

VANNES CAMPUS
Fabien Coleu - 02 97 01 27 21
sante.handicap.vannes@listes.univ-ubs.fr

Future UBS students
Anticipate your arrival at UBS and do not hesitate to contact us before joining UBS, we will let you know which procedures to undertake and assess your needs together.

AGAINST SEXUAL AND SEXIST VIOLENCE
«The social environment within Higher education and Research is unfortunately not exempt from sexual violence and sexism. The latter contravene student and staff individual dignity and respect within our institutions. They are an impediment to the full expression of skills and talents which are the very missions of the Higher Education and Research public service.»
Frédérique Vidal, Minister for Higher Education, Research and Innovation (March 19, 2018)

To learn about the actions undertaken by UBS to fight such acts, please visit our website.

Your well-being is of paramount importance to UBS!

2.3 STUDIES AND CAREER COUNSELLING SERVICES
LE SERVICE UNIVERSITAIRE D’INFORMATION D’ORIENTATION ET D’INSERTION PROFESSIONNELLE
To help you choose your courses and succeed in your studies at UBS please contact the career counselling services and meet with the officers who will provide you with all available resources (documents, brochures, online websites, or career counsellor’s names).

For more information, please visit the SUIO-IP website (in French).

LORIENT
Paquebot Building
CS7030
56321 Lorient cedex
+33 (0)2.97.87.66.60
suioip@univ-ubs.fr

VANNES
Teaching and Research Centre Yves Coppens
rue André Lwoff - CS605
56017 Vannes cedex
+33 (0)2.97.01.27.00
suioip@univ-ubs.fr

2.4 SPORTS ACTIVITIES ON OFFER AT UBS
LE SERVICE UNIVERSITAIRE DES ACTIVITÉS PHYSIQUES ET SPORTIVES
The UBS Sports service offers more than 40 activities to its students. Given its proximity to the sea, our University allows students to practice, besides traditional sports, numerous activities involving contact with the water: rowing, catamaran sailing, surfing, windsurfing, stand up paddle, kayak, diving along the coast: the Gulf of Morbihan, the Quiberon Peninsula, Lorient, Port-Louis, Guidel, the Rhuys Peninsula, etc.

For more information, please visit the SUAPS website.
Registrations are made online.

2.5 UBS LANGUAGE CENTRE
LE CENTRE DE LANGUES DE L’UNIVERSITÉ BRETAGNE SUD
The Language Centre, in French “Centre de Langues de l’Université Bretagne Sud” (CLUBS) provides support to students, staff, job seekers and anyone willing to learn a language or improve their language skills.
Available on both campuses of Lorient and Vannes, UBS offers a complete range of French as a Foreign Language (FLE) courses with the aim of discovering and deepening knowledge of the French language and culture.

For more information, please visit the CLUBS website.
CHAPTER 3

STUDENT LIFE
3.1 INFORMATION TECHNOLOGY AT UBS

UBS is constantly updating its Information Technology Services to provide students with the best and most up-to-date Information Technologies and Services.

When students join UBS, they can benefit from:

- free Wi-Fi access everywhere on campus on their phones, iPad tablets, and computers
- remote access from their home to UBS online resources, provided they have private internet access in their accommodation
- a free email address and private login details for all communication with administrative staff and teachers
- free download of the MS Office Pack
- access to a personalised and individualised student space with information on lectures and tutorial timetables, grades, documents or administrative forms
- access to the Intranet for booking study rooms, books, and documents from the Library
- personal storage space of documents etc., on the UBS server
- free access to Large File Transfer Systems
- access to online courses via the interactive Moodle academic platform (depending on the course), access to course material, and to individual assignments or group assignments and an online calendar to check when these assignments are due
- a rechargeable student card with an ID picture and the Izly mobile phone App to make quick payments at the student canteen, vending machines, university restaurants and for printing or photocopying services. This student card is very important as it also gives the student access to discounts on public transport and for various cultural activities (museums, exhibitions etc)
- free access to UBS computer stations (PCs) and to state-of-the art videoconferences and modern teaching facilities
- access to a wide choice of national and international internships through the online Job Teaser platform
- online registration systems for access to sport and cultural activities each semester
- free access to a MyCommunity extension of the LEEVE application, which allows the practice of foreign languages and multicultural meetings
- state of the art antivirus protection and data privacy measures
- free IT help from the UBS IT service

So, make sure when you arrive, that you check out all the IT services that are available to you as a student.

NB : Students must respect the UBS information technology charter and anti-plagiarism rules. In the event of non-compliance with these guidelines, the access rights of the students could be withdrawn.

3.2 UNIVERSITY LIBRARY - LA BIBLIOTHÈQUE UNIVERSITAIRE

The University of South Brittany gives its students access to a University Library available on both the Lorient and Vannes campuses. The Library provides not only welcoming and varied workspaces but of course as well a rich and multidisciplinary documentation, in printed versions or online. The librarians offer services and personalized assistance, online and on site, to help you out in your academic work and improve your life on the campus.

The whole online catalogue is available here:

FREE LIBRARY ACCESS LOCALLY

UBS students have free access to the interconnected public libraries network in various towns in the Morbihan, and vice versa - local citizens from Pont-Scorff, Quéven, Lorient, Vannes, Lanester and Ploemeur can also access the University Collection.
3.3 MUSIC, ARTS AND CULTURE

At UBS, students have access to a range of cultural, musical and artistic activities each semester. These activities are all free and open to all students of the University of South Brittany, by registration due to the limited places available.

The range of activities each semester includes:

- Radio broadcasting: learning to carry out interviews and to prepare scientific broadcasts
- Audio visuals: learning how to do journalistic video shoots and video editing techniques
  - Engraving
  - Photography
  - Etching
  - Drama
  - Music
  - Choir
  - Playing in a band

To download this semester’s program (in French) click here.

PASS CULTURE

This «Culture Pass» is an initiative of the French Ministry of Culture. This pass enables students, the year they turn 18, to have access to an App on which they have 500 euros lasting 24 months, to discover and book local cultural events and digital services. This includes books, concert tickets, theatre tickets, museums, music lessons and digital subscriptions.

3.4 THE STUDENT HOUSE - LA MAISON DES ÉTUDIANTS

What is La Maison des Étudiants?
La MDE or Student House is the one-stop shop for all your questions related to student life. Located on both the Vannes and Lorient campuses, La Maison des Étudiants is here to help you to:
- obtain answers to practical everyday life questions
- be informed about and take part in campus activities
- have fun and meet students from all walks of life
- join student associations or clubs
- be informed about the cultural outings and events nearby the campus

To download this semester’s program (in French) click here.

Services available to all students:
- job services: Student friendly job offers
- student project support system: Networking, project management, logistical back-up
- incubator for young associations: support for the creation, management and monitoring of student associations, associative head office on request
- help with setting up projects and applying for grants
- meeting spaces for work, entertainment or getting together
- a cyber space with Internet access
- an office for student representatives and student associations
- artistic workshops

The student houses are managed in partnership with UBS and CROUS

LORIENT
(Opposite the Campus Lettres Bus Stop)
12 rue de Lanveur - 56100 Lorient
Phone number: +33 (0)2 97 83 37 93
mde.lorient@crous-rennes.fr

VANNES
Campus de Tohannic - 9 Rue André Lwoff - 56000 Vannes
Phone number: +33 (0)2 97 01 03 89
mde.vannes@crous-rennes.fr

The Association of Students in International Mobility (AEMI) is located on the Vannes campus. You can email or call them or contact them via Facebook. Here are the contact details:

aemi.ubs@gmail.com
www.facebook.com/AEMIUBS/
Tel : 06 05 65 21 32

Members of this association can assist you in looking for an accommodation in Vannes. Come and meet them during the Welcome Deiz at the start of the academic year.
3.5 POINT OF ACCESS TO YOUR LEGAL RIGHTS - LE POINT D’ACCÈS AU DROIT

The University « Point of access to your Legal Rights » responds to students’ legal questions regarding private law matters such as civic rights, social rights, work law, family law, accommodation, consumer legislation or foreigners’ rights. The PAD does not deal with matters related to examinations, discipline, or administrative litigation issues with UBS. You can contact the University PAD to set up a remote telephone meeting on the working days.

Send an email to the following address padetudiant@gmail.com and do not forget to provide your phone number to make an appointment.

3.6 YOUTH INFORMATION OFFICES - LES BUREAUX INFORMATION JEUNESSE

Attached to the region in administrative terms these offices are resource centres for all young people regarding important issues such as health, accommodation, initiatives, leisure, holidays, careers and jobs, international...

Do not hesitate to pick up brochures such as their student guide or their leisure guide for each town.

BIJ LORIENT
Esplanade du Moustoir - Rue Sarah Bernhardt
56100 LORIENT
Phone number: +33(0)2.97.84.84.57
www.infojeuneslorient.org
Services on offer
- Internet access
- Help with putting together a CV
- Accommodation
- A board to post any adds

BIJ PONTIVY
13 bis, rue Saint-Jory - BP 225
56305 PONTIVY CEDEX
Phone number: +33(0)2.97.25.38.35
bij.pontivy@wanadoo.fr

BIJ VANNES
22, avenue Victor Hugo - BP 509
56019 VANNES CEDEX
Phone number: +33(0)2.97.01.61.00
bij@mairievannes.fr
www.bij-vannes.fr
Services on offer
- Internet access
- Help with putting together a CV
- Baby-sitting
- Exhibition Hall
- Accommodation
- Proj’jeunes Project
CHAPTER 4

PREPARING FOR YOUR ARRIVAL AT UBS
**4.1 ADMISSION PROCEDURES**

Most of the courses offered by the University of South Brittany are open to international students provided they have a good academic standing (cumulative numerical average of all grades must be of min. 13/20 for the entire secondary or university record) and have a sufficient level of French (the French proficiency certificate is mandatory for all the candidates coming from countries where French is not the official language exclusively. Level B2 is required for Science & Engineering Science Faculty and Level C1 is required for Arts, Humanities and Law, Economics Faculties).

**Entrance examinations:**
There are NO entrance examinations for Bachelor Degree (Licence), Master, and Doctorate levels. Admission is based on your academic records and appraisal of all your application documents, but there is an entrance exam to enter the ENSIBS School of Engineering (refer to ENSIBS website for details).

**4.1.1 EXCHANGE STUDENTS**

You can participate in an exchange program and study at UBS either within the Erasmus+ mobility scheme or within a bilateral agreement between your university and UBS.

If you are applying within the Erasmus+ mobility scheme or within a Bilateral Agreement between your University and UBS

You must first contact the International Office of your University to obtain a mobility agreement.

Once you are nominated by your home University you must send your application to the UBS International Office.

**4.1.2 INDIVIDUAL STUDENTS**

Individual students are personally responsible for their entire application process and for the strict observance of procedures and deadlines. Procedures may vary depending on their country of residence, their citizenship and the required course pre-requisites.

**YOU LIVE ABROAD AND YOU DO NOT HAVE THE CITIZENSHIP OF A EUROPEAN COUNTRY**

You live in one of the 46 countries listed below...

**AFRICA:** Benin, Burkina Faso, Burundi, Cameroon, Comoros, the Republic of the Congo, Ivory Coast, Djibouti, Gabon, Guinea, Madagascar, Mali, Mauritius, Mauritania, Niger, Nigeria, Democratic Republic of Congo, Senegal, Chad, Togo.

**ASIA:** China, South Korea, India, Indonesia, Japan, Singapore, Taiwan, Vietnam.

**AMERICA:** Argentina, Brazil, Chile, Colombia, Haiti, United States, Mexico, Peru.

**NORTH AFRICA / MIDDLE EAST:** Algeria, Saudi Arabia, Egypt, Iran, Kuwait, Lebanon, Morocco, Tunisia.

**EUROPE:** Russia, Turkey.

... and you wish to apply for the first year of a Bachelor Degree: you must use the “Studying in France” (in French “Études en France”) procedure “Studying in France” procedure | Campus France

... and you wish to apply for a Bachelor Degree Year 2, Bachelor Degree Year 3, Master Year 1, Master Year 2 or for ENSIBS: you must follow the “Studying in France” (in French “Études en France”) procedure “Studying in France” procedure | Campus France

You do not live in one of the 46 countries listed above...

... and you wish to apply for the first year of a Bachelor Degree: you must fill the white DAP form (in French Demande d’Admission Préalable blanc) between November and January

Click here to access and download the white DAP form.

... and you wish to apply for a Bachelor Degree Year 2, Bachelor Degree Year 3, Master Year 1, Master Year 2 or for ENSIBS: you must fill in the UBS application form (pdf file).

**YOU LIVE IN FRANCE AND YOU DO NOT HAVE THE CITIZENSHIP OF A EUROPEAN COUNTRY**

You wish to apply for the first year of a Bachelor Degree:

► You wish to apply for an Institute of Technology: Use the Parcoursup platform

You wish to apply for admission into the second year of a Bachelor Degree to the second year of a Master or ENSIBS

► If you are already enrolled in a French Higher Education Institution (HEI): Apply online with E-candidature

► If you are not already enrolled in a French Higher Education Institution (HEI).

**YOU HAVE CITIZENSHIP OF A EUROPEAN COUNTRY**

European Union candidates follow the same processes as French students in order to register to a French Higher Education Institution (HEI).

You are considered an EU candidate if you hold citizenship from:
- one of the 27 countries of the EU
- a country included in the EEA (EU + Norway, Iceland, Liechtenstein)
- Switzerland, Monaco, or Andorra

You wish to apply for the first year of a Bachelor Degree:

Please use the “Parcoursup” platform

The Parcoursup application process is mandatory to apply for most of the training offered by French Higher Education Institutions (HEI).

You wish to apply for the admission into the second year of a Bachelor Degree to the second year of a Master and ENSIBS:

Please use the e-candidature procedure

You wish to apply for the admission into the second year of a Bachelor Degree to the second year of a Master and ENSIBS:

Please use the e-candidature procedure
Required language level and recognition of international diplomas in France

Level C1 in French is required for programmes taught in Arts and Humanities, Social Sciences, Law, Economics & Management. Level B2 is sufficient for other courses. Refer to the Common European Framework of Reference for Languages (CEFR).

International students who do not meet the above requirements can follow intensive preparatory language courses at UBS if required. Click here to find details of starting dates and costs of all Intensive and Semi-Intensive French language courses available at UBS.

Candidates living in France and who are not already enrolled in a French Higher Education Institution will have to provide a certificate of recognition of their study abroad. You can make a request to France Education International www.france-educationinternational.fr/enic-naric-page/reconnaissance-diplome-etranger-documents-delivres.

4.2 IMMIGRATION PROCEDURES

Visa applications depend on you having been formally accepted by a higher education institution in France, the duration of your training and your nationality. You will be also asked to provide evidence of having sufficient financial resources to support yourself during your stay, usually around 615 euros minimum per month for the total length of your studies.

Types of visas or residency cards depend on the duration of your training:

<table>
<thead>
<tr>
<th>LENGTH OF TRAINING COURSE</th>
<th>TYPE OF VISA OR RESIDENCY CARD</th>
<th>FORMALITIES IN FRANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not exceeding 3 months</td>
<td>Temporary short-stay visa</td>
<td>NO</td>
</tr>
<tr>
<td>Between 3 and 6 months</td>
<td>Temporary long-stay visa</td>
<td>NO</td>
</tr>
<tr>
<td>Between 4 months and 12 months</td>
<td>Long-stay visa, valid as a residence permit (&quot;Visa Long Séjour valant Titre de Séjour -étudiant&quot; also known as the VLS-TS étudiant), valid from 4 to 12 months</td>
<td></td>
</tr>
<tr>
<td>If you need to continue your studies after 12 months for another 12 months</td>
<td>Apply for a Temporary Residency card – (&quot;Carte de séjour temporaire étudiant&quot;) valid for 12 months only <a href="https://www.service-public.fr/particuliers/vosdroits/F2231">https://www.service-public.fr/particuliers/vosdroits/F2231</a></td>
<td>YES, apply online 2 months minimum before your VLS TS expires and book an appointment at the Morbihan prefecture. For more details, please visit: <a href="https://cutt.ly/dhYYl4a">https://cutt.ly/dhYYl4a</a></td>
</tr>
<tr>
<td>If you need to continue your studies after 12 months, for more than another 12 months</td>
<td>Apply for a « carte de séjour pluri-annuelle - entrées multiples » Valid for multiple years until the end of your studies <a href="https://www.service-public.fr/particuliers/vosdroits/F2231">https://www.service-public.fr/particuliers/vosdroits/F2231</a></td>
<td>YES, apply online and book an appointment at the Morbihan prefecture. For more details, please visit: <a href="https://cutt.ly/dhYYl4a">https://cutt.ly/dhYYl4a</a></td>
</tr>
</tbody>
</table>

It is always recommended to submit your visa application or your temporary residency card application between 2 to 3 months before your arrival in France or before your current visa expires. Visa applications cannot be submitted more than 3 months prior to the beginning of your trip for a long stay.
CITIZENSHIP AND VISA APPLICATION

► Students who hold European citizenship or are from the European Economic Area (Iceland, Liechtenstein and Norway), or Swiss students with Swiss citizenship do not need a student visa.

► Non-European students from an “Etudes en France” country listed above must follow the directions of the Campus France Office from their home country.

► Non-European students, NOT from an “Etudes en France” country and who wish to study for more than 3 months must first apply online for a Long-Stay Visa (Visa VLS-TS) and then ask for an appointment at the French consular authorities in their home country.

The visa application must be carried out on france-visas.gouv.fr the official visa website for France.

STEP 1
Use this official French Government visa wizard to check if you need a visa and what documents you will have to provide.

STEP 2

To simplify long-stay study visa applications for international students, France-Visas now provide students with the possibility of sending digital copies of their supporting documents when completing their visa application online. This feature is at first accessible to applicants for long-stay student visas residing in a country where the visa application is outsourced to an ESP and available online.

List of documents to upload on France-Visas
- passport
- 2 recent ID pictures in OACI format (pdf)
- valid residence permit from where you live
- original copy of the last diploma you obtained
- letter of acceptance from UBS
- proof of accommodation for the first three months
- grant certificate or other proof of funding (e.g. Bank Statement) attesting that you have at least 615 euros per month for the total duration of your studies in France.

STEP 3
Book an appointment on France-Visas with the visa section of the French embassy or consulate in your home country or with the external service provider.

Submit in person original copies of these documents:
- your valid passport, a photocopy of the identity page and a photocopy of the visa pages
- online application form signed and dated and receipt of application
- original supporting documents (no need to bring photocopies if you already uploaded them on France-Visas)

STEP 4
Track your application. You will be notified by email when your visa is ready.

Visa Pricing for VLS-TS (2020 fees):
- Countries with EEF procedure: 50 € *
- Other countries: 99 € *

* This amount is indicative; some special cases may give rise to different rates.

You can also consult the Campus France tutorial: Online Visa Application.

The VLS-TS «étudiant» visa entitles the holder to:
- travel freely in all of the countries of the Schengen Area
- work 964 hours per year, i.e. 20 hours per week, to supplement their financial resources
- benefit from VISALE, the free rental deposit service for students
- receive a rental subsidy from CAF, the Family Allowance Fund (Caisse d’Allocations Familiales)
- extend their stay beyond the period of validity of the issued residence permit

The VLS-TS visa must be validated once in France. See Chapter 6: Administrative Steps upon your Arrival. Please note it is not possible to amend your visa once in France.

Additional information:
- Préfecture du Morbihan à Vannes
  24, place de la République
  56000 Vannes
  Phone number: 02 97 54 84 00
- Sous-préfecture du Morbihan à Lorient
  Quai De Rohan
  56100 Lorient
  Phone number: 02 97 84 40 00
- Sous-préfecture du Morbihan à Pontivy
  Rue François Mitterrand
  56300 Pontivy
  Phone number: 02 97 25 00 08

You can also consult the Campus France tutorial: Online Visa Application.
ADMINISTRATIVE DOCUMENTS TO BRING WITH YOU:

NON-EUROPEAN STUDENTS
- a passport valid for the duration of your stay
- original copies of your degrees and certified translations in French of your degrees
- full academic transcript containing all your grades obtained for the last two years
- long-stay visa for France when staying for more than 3 months
- the letter of acceptance from the University of South Brittany (prior admission or pre-registration certificate)
- proof of financial resources
- civil liability insurance certificate
- vaccination or health booklet with your medical history
- wedding certificate (if applicable)
- ID photos
- means to pay your university registration fees (cash, credit card, etc.)

ERASMUS STUDENTS FROM EU COUNTRIES
- valid Passport or valid National Identity Card from your home country
- an Erasmus+ mobility statement from your university
- your university student card
- your European health insurance card or private insurance health card
- proof of your mobility scholarship

4.3 HOW TO FINANCE YOUR STUDIES AT UBS?
Before coming to UBS, it is advisable to establish a budget and have sufficient means to support yourself once in France.

Financial support can be provided by:
- personal means
- a scholarship/grant
- a bank loan

To live comfortably while in France, students will need between 695 and 795 euros per month. This amount covers accommodation, food, transport, health, etc. It can be reduced depending on the financial support students may get.

Approximate expenses per month (2020 figures)

<table>
<thead>
<tr>
<th>Description</th>
<th>Cost (€)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing</td>
<td>500-600</td>
</tr>
<tr>
<td>Food</td>
<td>200-250</td>
</tr>
<tr>
<td>Public Transport</td>
<td>50</td>
</tr>
<tr>
<td>Mobile phone plan</td>
<td>20</td>
</tr>
<tr>
<td>Other expenses (outings, clothes, culture, stationary, personal care)</td>
<td>95</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>695-795</td>
</tr>
</tbody>
</table>

Additional costs
Students should also consider that, when they arrive, they, like all tenants in France, will have to pay up-front rental deposits for up to two months if they are seeking private accommodation.

In addition, apart from incoming Erasmus+ and exchange students, all students registered at UBS (including French nationals) must pay a compulsory student contribution fee of approximately 92 euros per academic year for student life.

4.4 SCHOLARSHIPS FOR INTERNATIONAL STUDENTS
Three types of scholarships exist for international students
- French government scholarships: these scholarships are awarded only by the cultural and cooperation services of French embassies abroad, consult the website [https://www.diplomatie.gouv.fr/en/coming-to-france/studying-in-france/](https://www.diplomatie.gouv.fr/en/coming-to-france/studying-in-france/)
- scholarships awarded by the government of the student’s home country for study abroad; for more information, please contact the scholarship body in your home country
- international scholarships granted by non-governmental organisations (NGOs) or international institutions.

The site [Campus Bourses](https://www.campusbourses.com) is a comprehensive directory of scholarship programmes for internationally mobile students. Beware: the application process is long and the application deadlines are very strict!
4.5 BOOKING TEMPORARY ACCOMMODATION

Booking permanent accommodation from abroad can be tricky given the distance and the numerous offers that you find online.

It is advisable to book temporary accommodation for when you first arrive in France. This gives you a chance to view various types of accommodation in the private sector prior to renting it.

Hereafter, you will find a list of temporary accommodation available on the 3 campuses:

**Types of temporary accommodation that are affordable**
- Lorient: Youth hostel
- Vannes: Espace Montcalm
- Pontivy: Youth hostel

The bookings can be made via the websites of these institutions.

<table>
<thead>
<tr>
<th>LORIENT</th>
<th>PONTIVY</th>
<th>VANNES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Youth hostel</strong></td>
<td><strong>Youth hostel</strong></td>
<td><strong>Espace Montcalm</strong></td>
</tr>
<tr>
<td>41, rue Victor Schoelcher 56100 LORIENT</td>
<td>Ile des Récollets 56300 PONTIVY</td>
<td>55 rue Monsieur Tréhiou 56000 VANNES</td>
</tr>
<tr>
<td>Phone number: +33 (0)2.97.37.11.65  <a href="https://www.hifrance.org/auberge-de-jeunesse/lorient.html">https://www.hifrance.org/auberge-de-jeunesse/lorient.html</a></td>
<td>Phone number: +33 (0)2.97.25.58.27  <a href="https://www.hifrance.org/auberge-de-jeunesse/pontivy.html">https://www.hifrance.org/auberge-de-jeunesse/pontivy.html</a></td>
<td>Phone number: +33 (0)2.97.68.15.68  <a href="mailto:accueil@montcalm-vannes.org">accueil@montcalm-vannes.org</a>  <a href="http://www.montcalm-vannes.org">www.montcalm-vannes.org</a></td>
</tr>
<tr>
<td>Price per night: 22€ (breakfast included) + membership</td>
<td>Open all year long / check-in from 5pm to 8:30pm.</td>
<td></td>
</tr>
<tr>
<td><strong>Hostel for young workers</strong></td>
<td><strong>Hotel Robic</strong></td>
<td><strong>Méné Hostel for young workers</strong></td>
</tr>
<tr>
<td>Résidence COURBET 83 rue Amiral Courtel 56100 LORIENT</td>
<td>4 rue Jean Jaures 56300 PONTIVY</td>
<td>14 avenue Victor Hugo 56000 VANNES</td>
</tr>
<tr>
<td>Phone number: +33 (0)2.97.21.16.73  <a href="http://logement-servicesjeune.agorapartements.fr/">http://logement-servicesjeune.agorapartements.fr/</a></td>
<td>Phone number: +33 (0)2.97.25.11.80</td>
<td>Phone number: +33 (0)2.97.54.33.13  <a href="mailto:residencedumene@orange.fr">residencedumene@orange.fr</a></td>
</tr>
<tr>
<td><strong>Hotel Du Square</strong></td>
<td><strong>La Terrasse</strong></td>
<td><strong>Madame Molé Hostel for young workers</strong></td>
</tr>
<tr>
<td>5, Place Jules Ferry 56100 LORIENT</td>
<td>Quai du Couvent 56300 PONTIVY</td>
<td>10 place Théodore Decker 56000 VANNES</td>
</tr>
<tr>
<td>Phone number: +33 (0)2.97.21.06.36</td>
<td>Phone number: +33 (0)2.97.25.51.11</td>
<td>Phone number: +33 (0)2.97.47.29.60  <a href="mailto:Foyer-madamedemol@orange.fr">Foyer-madamedemol@orange.fr</a></td>
</tr>
<tr>
<td>Price: from 42€ per night</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Hotel Leopold</strong></td>
<td><strong>Résidence Kérizac</strong></td>
<td><strong>Hotel Le Gras d’Or</strong></td>
</tr>
<tr>
<td>11 rue Waldeck Rousseau 56100 LORIENT</td>
<td>2 rue Paul Signac 56000 VANNES</td>
<td>88 avenue de Verdun 56000 VANNES</td>
</tr>
<tr>
<td>Phone number: +33 (0)2.97.21.23.16</td>
<td>Phone number: +33 (0)2.97.47.27.74</td>
<td>Phone number: +33 (0)2.97.47.15.85</td>
</tr>
</tbody>
</table>

**Hotel Le Relais Nantais**
38 rue Antide Briand 56000 VANNES
Phone number: +33 (0)2.97.47.15.85
## 5.1 COMING BY PLANE? WHERE TO SLEEP NEAR THE AIRPORTS?

### WHERE TO STAY AROUND ROISSY CHARLES DE GAULLE INTERNATIONAL AIRPORT: (ROISSY CDG) (NORTH OF PARIS)

**PREMIERE CLASSE ROISSY**  
ZAC du Parc de Roissy  
95700 ROISSY en France  
Indicative price: 59 €  
Phone number: +33 (0)1.34.29.86.04  
E-Mail: roissycdg@premiereclasse.fr  

### WHERE TO STAY AROUND ORLY AIRPORT (SOUTH OF PARIS)

**FASTHOME HOTEL**  
Centre commercial Grande-Vallée  
Route Nationale 370  
95500 GONESSE  
Indicative price: 69 €  
Phone number: +33(0)1.34.53.46.46  

## 5.2 WHERE TO SLEEP IN PARIS?

### YOUTH HOSTELS

**FUAJ:** United Federation of Youth Hostels:  
Fédération Unie des Auberges de Jeunesse  
[https://www.fuaj.org/fr/](https://www.fuaj.org/fr/)  
27, rue Pajol  
75018 PARIS  
Phone number: +33(0)1.44.89.87.27  
Open: Mondays to Fridays from 10 am to 12:30 pm, and from 13:30 pm to 17:30 pm  
(Subway Metro: Marx Dormoy - La Chapelle)  
Métro: Marx Dormoy - La Chapelle

**FIAP JEAN MONNET**  
Foyer International d’Accueil  
30 rue Cabanis  
75014 PARIS  
[www.fiap.asso.fr](http://www.fiap.asso.fr)  
E-mail: fiap@fiap.asso.fr  
Phone number: +33 (0)1.43.13.17.17

### USEFUL LINKS TO BOOK A HOTEL

- [www.airbnb.fr](http://www.airbnb.fr)  
- [www.parishotels.it/fr](http://www.parishotels.it/fr)  
- [www.hostels.com/fr/fr.pa.html](http://www.hostels.com/fr/fr.pa.html)  
- [www.tripadvisor.fr](http://www.tripadvisor.fr)

Note that in some youth hostels you will be asked to purchase a membership card in addition to the price of your stay. This card is generally valid for one year.

---

<table>
<thead>
<tr>
<th>Address</th>
<th>Access by Underground Subway/Metro Line Number</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Le D’Artagnan, 80 rue Vitruve 75020 PARIS</td>
<td>Métro “Porte de Bagnolet” Line 3</td>
<td>+33 (0)1 40 32 34 56</td>
</tr>
<tr>
<td>Moov’Appart Hotel Clichy, 197 rue Martin 92110 CLICHY</td>
<td>Métro “Mairie de Clichy”, Line 13</td>
<td>+33 (0)1 71 05 48 23</td>
</tr>
<tr>
<td>Cité des Sciences, 24 rue des sept Arbres 93310 LE PRE SAINT GERVAIS</td>
<td>Métro “Hoche” Line 5</td>
<td>+33 (0)1 48 43 24 11</td>
</tr>
<tr>
<td>Jules Ferry, 8 boulevard Jules Ferry 75011 PARIS</td>
<td>Métro “République” Lines 3, 5, 8, 9 &amp; 11</td>
<td>+33 (0)1 43 57 55 60</td>
</tr>
</tbody>
</table>
5.3 HOW TO GET TO MONTPARNASSE RAILWAY STATION FROM A PARIS AIRPORT?

FROM ROISSY CHARLES DE GAULLE AIRPORT

You have two possibilities:
• Take the Roissy-Montparnasse bus direct (line 4), ideal when you are fully loaded!
• Take the RER B line to Denfert Rochereau station, then change to the metro line No 6 direction “Charles de Gaulle étoile” until you stop at “Montparnasse - Bienvenue” station. Or catch the shuttle bus (18 €). Many offers are available, just search for “shuttle bus + name of the airport” on the internet. It takes around 60 minutes to reach Montparnasse Railway Station from Roissy Charles de Gaulle.

FROM ORLY AIRPORT

Take the OrlyVal towards (automatic metro) Denfert Rochereau. It costs about 12€.
Or catch a bus from Orly to Gare Montparnasse for 12€. It takes around 40 minutes to get to Montparnasse Railway Station from Orly Airport.

NB: Taxis are the most expensive way to travel in France, but are available in taxi ranks in front of all airports.

5.4 GETTING TO LORIENT, VANNES OR PONTIVY FROM PARIS

BY TRAIN

Vannes is two and a half hours by train from Paris (direct line with the Train à Grande Vitesse - TGV that is a high-speed train).
Lorient is three hours by TGV from Paris.
You cannot come to Pontivy by train.

La Société National des Chemins de Fer (SNCF) is the main French railway company.

To come to Brittany, you will most likely have to take the train from Montparnasse Railway Station. The “Montparnasse Bienvenue” metro station is served by lines 4, 6, 12 and 13. A metro ticket is around 1.90 euros (2020 price). It remains valid as long as you do not leave the RATP network and for 2 hours if you are travelling by metro or RER train in Paris (or for 1h30 if you take the bus or the tram).

To get to Pontivy you can catch a train up to Saint-Brieuc or Rennes and then catch a bus.
You can buy your tickets at the railway station or online: www.oui.sncf

TAXIS

In order to travel safely, it is advisable to always take an official taxi located outside the airport. Check the prices here.

USEFUL LINKS

• Paris Metro, Tramway and Bus maps and schedules: www.ratp.fr/plans
• OrlyVal: Train RER B vers/depuis Paris - Aéroport Orly - Paris Aéroport (parisaeroport.fr)
• Train bookings: www.oui.sncf

HOW TO CATCH A TRAIN IN FRANCE?

You can buy your ticket directly at the station at a self-service ticket machine ("borne libre-service") or at the ticket office. Always validate your paper ticket prior to boarding a train at the yellow terminal at the entrance of the train platform.

You do not need to validate your e-ticket. However, you need to print it out beforehand or download the SNCF app and keep the e-ticket with you while traveling. Always have a name tag on all your bags. Check train numbers, departure times and train platforms on the large screens in the main hall of railway stations. Wagon numbers are on the sides of the train and seat numbers are indicated once on board.

BY BUS

There are two main low-cost bus companies operating between larger towns in France:
Flixbus and BlaBlaCar Bus

In 2020, a ticket from Paris Charles de Gaulle Airport to Vannes or Lorient by bus cost around 20 € and it takes around nine hours with one bus change at the Paris Bercy Station.
CHAPTER 6

ADMINISTRATIVE STEPS UPON YOUR ARRIVAL
THE FOLLOWING STEPS MUST BE CARRIED OUT IN THE ORDER GIVEN:

- obtain the Student Life and Campus Contribution certificate
- register at the University
- register with Social Security
- find permanent accommodation
- open a bank account
- subscribe to a Civil Liability Insurance
- subscribe to a housing insurance
- validate your VLS-TS Long Stay Visa if applicable
- apply for financial housing support on the CAF website

6.1 REGISTRATION AT UBS AND THE STUDENT LIFE AND CAMPUS CONTRIBUTION

Final registration takes place at the beginning of the academic year and is only possible for the course for which you have been accepted. In order to be definitively registered, you must first complete an administrative registration, which will be followed by a pedagogical registration. The pedagogical registration allows the administration to confirm with you the courses that you will follow during the year.

To carry out this administrative registration you will receive an appointment invitation for the beginning of September. You will also be sent, prior to the start of the Term, an invitation to attend a meeting concerning your courses. It is imperative that you attend both these meetings.

ALL ADMINISTRATIVE FORMALITIES TAKE PLACE AT THE UBS REGISTRAR’S OFFICES (ON FRENCH: “LES SCOLARITÉS”)

Pontivy
IUT de Lorient à Pontivy
Allée des Pommiers
56300 PONTIVY
+33 (0)2.97.27.67.70

To complete your administrative registration, you need to bring with you
1. the enrolment form filled in by you and stamped by the International Office
2. the Student Life and Campus Contribution certificate
3. every supporting document mentioned in the enrolment form: proof of your identity, letter of acceptance from UBS, original copies of your degrees, last transcript of exam results, Test de Connaissance du Français certificate, image rights form, emergency contact form, Civil Liability Insurance

And to provide
4. the means to pay your tuition fees
So that the Registrar’s office can issue
5. your IZLY student card (linked to your bank account)

University fees for 2020/21
(the amount may be subject to change)

<table>
<thead>
<tr>
<th>Degree level</th>
<th>French Nationals</th>
<th>Non-Europeans</th>
</tr>
</thead>
<tbody>
<tr>
<td>Master</td>
<td>170 €</td>
<td>2770 €</td>
</tr>
<tr>
<td>Diploma of Technology, Bachelor / Vocational Bachelor</td>
<td>243 €</td>
<td>3770 €</td>
</tr>
<tr>
<td>Engineering degree / ENSIBS</td>
<td>601 €</td>
<td>3770 €</td>
</tr>
<tr>
<td>PhD</td>
<td>380 €</td>
<td>380 €</td>
</tr>
<tr>
<td>Sport membership with SUAPS</td>
<td>20 €</td>
<td>20 €</td>
</tr>
</tbody>
</table>

Pontivy
IUT de Lorient à Pontivy
Allée des Pommiers
56300 PONTIVY
+33 (0)2.97.27.67.70

You will receive your student card once all registration procedures are completed. Along with this card you will be given
- two registration certificates
- a receipt for all your student fees

This student card will allow you to benefit from many services including the university cafeterias and canteens, in the university library this card will serve as a reader’s card for the university library, and give you access to the local municipal libraries in Lorient and Vannes. With this card you will also be able to benefit from discounts on public transport, cinemas, concerts, etc. You can link your student card to a bank account in order to pay for meals at university restaurants or for photocopying services.

You must always have it with you, and if it is lost, stolen or destroyed report the loss to the police. Without the formal proof established by the gendarmerie or the police, the registrar’s office will not be able to give you a new one.

For all your administrative and pedagogical questions, you benefit from a privileged contact: the registrar’s office of your faculty.

You can consult the Campus France tutorial: The Student Life and Campus Contribution (CVEC) on YouTube
Since 2018 all students are affiliated to the French Social Security. International students who have paid their tuition fees must register with Social Security: https://etudiant-etranger.ameli.fr/


- a copy of your passport
- a copy of your visa or residence permit
- your full birth certificate or equivalent document certified by the French consulate. The AMELI website mentions the examples:
  - a long copy of your birth certificate, a birth certificate showing your parents’ information, an updated family record book «livret de famille», a certificate of marriage, or any other document issued by a consulate (original birth certificate, civil status certificate, etc.) authenticated by a legible stamp
- university enrolment certificate or your student card
- parental authorisation for people under 16 years of age
- bank account details - in French Relevé d’Identité Bancaire (RIB) and International Bank Account Number (IBAN)
- additional documents depending on the applicant’s nationality

IMPORTANT INFORMATION

Because Social Security does not cover all expenses, it is essential that you subscribe to a complementary health insurance (Mutualité Française). Depending on the contract, student mutual insurance companies reimburse the costs not covered by the Assurance Maladie. Traditional student healthcare Mutuals are listed below. They will reimburse the difference for medical care, after you send them the invoices.

SMEBA : www.smeba.fr or LMDE : www.lmde.fr

Caisse d’Assurance Maladie: DIAL 36 46

By registering on the Assurance Maladie website, you will be able to apply for a medical card called “La Carte Vitale”. Its purpose is to facilitate access to healthcare throughout France and to avoid having to pay doctors’ fees in advance or having to pay for medicine.

You can also consult the Campus France tutorial: Registration for Social Security on YouTube

WHERE TO GET MEDICAL CARE?

In France there are two types of doctors: generalists and specialists

- General practitioners take care of general issues such as having a cold, a sprained ankle, or gastroenteritis.
- Specialists have undertaken longer medical studies to specialise in certain aspects such as dental issues or allergies.

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6.2.1 ADDITIONAL INFORMATION

Costs

- 25 euros for a general practitioner
- 30 euros for a specialist
- Starting from 40 euros and upwards for a gynaecologist, a psychiatrist, a heart specialist, an ophthalmologist

Fees are higher if the doctor makes house calls or out-of-hours care (at night, weekends, bank holidays...)

In France, you can choose your general practitioner (médecin traitant). It is best to choose one that has an agreement with the social security system (médecin conventionné) as in that case he or she charges the agreed rate of 25 euros, and mostly your assurance covers you for the agreed fees. If the doctor does not have such an agreement that means he or she can charge more and that you may not be covered, so you will have to pay for the difference.

You can also look for general practitioners via French Yellow Pages online www.pagesjaunes.fr or via www.doctolib.fr

6.2 REGISTRATION WITH SOCIAL SECURITY

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WHERE TO GET MEDICAL CARE?

In France there are two types of doctors: generalists and specialists

- General practitioners take care of general issues such as having a cold, a sprained ankle, or gastroenteritis.
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WHERE TO GET MEDICAL CARE?
In France, pharmacies are the only establishments authorized to sell medicine. Some pharmaceuticals are accessible without a doctor’s prescription, but only prescribed medicine will be reimbursed. Pharmacists will often suggest a generic medicine instead of an original, because it is cheaper and has the same composition.

Pharmacies are closed on Sundays and during public holidays but there is always a pharmacy on duty locally, the name of which is indicated on the shop fronts of closed pharmacies or in the local press or online. You can also check which pharmacy is on duty by dialling 3237.

6.3 FINDING ACCOMMODATION IN LORIENT, PONTIVY OR VANNE

Bear in mind that Vannes is more expensive than Lorient, and Pontivy is cheaper than both. During the summer, rental rooms or apartments are at a premium because it is the height of the tourist season.

Prices may vary depending on the location, size, number of rooms and amenities. In France, international students can also apply for financial assistance on the CAF website.

INDICATIVE PRICES (2020)
• Furnished room (with bed, desk, cupboard -10 to 15 m²): approx 250 to 350 € a month
• Studio (1 room appt with integrated kitchenette and bathroom/toilet): approx 300 to 400 € a month
• F1 or T1 (Main room, separate kitchen and bathroom): approx 400€ a month
• F2 or T2 (Sitting room and separate bedroom and bathroom): approx 500 € a month

THE RENTAL DEPOSIT
To rent an apartment, landlords will ask you to provide a rental deposit or a guarantor. A guarantor (in French “caution solidaire” or “garant”) is the person who, in a written document called a “guarantee deed”, undertakes to pay the tenant’s rental debts. These include the rent and charges, as well as any interest charged to the tenant for late payment of rental debts, and the costs of repairing damaged accommodation.

The guarantor can either be
• a real person (a family member or a friend living in Europe)
• a legal entity (Visale for instance)

If you do not have a guarantor, consult this website: www.visale.fr

As a European exchange student, you just need to provide proof of identity (i.e. a valid passport or ID card). If you are a non-European student, you need a valid visa and long-term residence permit. To benefit from Visale, you need to be under 30 years old or be 30 years old as a student.

You can also consult the Campus France tutorial: The Visale rental deposit on YouTube

PRIVATE SECTOR ACCOMMODATION
In the private sector, it is the landlords who set the rent level. As with university halls of residence, a security deposit is required upon moving in (usually 2 months’ rent). The deposit is returned at the end of the rental contract.

SHARING A FLAT
Sharing a flat (“Colocation” or “Coloc” in French) is a common and great way to share costs and make friends.

NB: Do make sure that your first and last name appear on the rental agreement (“bail” or “contrat de location” in French) to be able to ask for financial assistance (cf. 6.5 Financial Assistance).

You can register your interest and check flats available on the following websites:

UNIVERSITY RESIDENCE / STUDENT ACCOMMODATION

Obtaining a room in a CROUS (Regional Centre for Student Social Services), (In French: Centre Régional des Œuvres Universitaires) university residence is difficult because places are mainly reserved for French government scholarship holders. You can however apply via the CROUS in Rennes. This a free service. In Vannes, the CROUS residence only accepts international students from Master 1 level.

To apply for a room in CROUS de Rennes, check this website: www.crous-rennes.fr/logements/nos-residences/

The CROUS also manages private sector accommodation offers via www.tokaviz.fr

This service is free.

You can also consult the Campus France tutorial: Campus France scholarship holders: joining a CROUS on YouTube

(only for Campus France scholarship holders)

ESTATE AGENTS OR COMPANIES WITH RENTAL DATABASES

Estate agents will charge you an agency fee of 1 or 2 months’ rent. They will carry out the procedures and research for you. They will be your only contact throughout the period of occupation of the accommodation.

The companies that hold rental databases are not estate agencies; they only give you access to their computerised rental files in return for a right of access to the files. They do not help you with procedures or the search for accommodation.

CHEAP FURNITURE

As a student you can always find cheap furniture online on websites such as Le Bon Coin : www.leboncoin.fr

Ou à Emmaüs : www.emmausvannes.org ou www.emmaus-redene.com
6.4 OPENING A BANK ACCOUNT

All students should open a bank account when they arrive, as this is where financial assistance and grants might be credited. You should do so, even if you come only for three months, as this is where you will be reimbursed for your health expenditures or security accommodation rental deposit. If you work, it is where your salary will be paid into.

To open a bank account, you need a copy of your passport or identity card, a photocopy of your student card, proof of residence (an electricity or phone bill, rental invoice). This will enable you to obtain a bank card and a chequebook. The cost of some (debit) cards may vary from 15 up to 40 euros per year, or even more for a credit card. You can open a low-cost online bank account as well, but certain conditions apply.

6.5 FINANCIAL ASSISTANCE

THE FAMILY ALLOWANCE FUND (CAF)

International students benefit from the same financial assistance as French students. To benefit from this help, you must have a rental agreement in your name and not have any children. Non-European students also need a valid visa VLS-TS Long Stay Visa or a residence permit. Once you have a rental agreement in your name you have three months to apply online for financial assistance via the following website: www.caf.fr

This financial assistance is called Aide Personnalisée au Logement (APL - the personal accommodation assistance) and concerns certain residential flats managed by CROUS or the “HLM” - social flat services. Other assistance called Allocation de Logement Social (ALS - the social housing assistance) is also available under certain conditions. This assistance cannot be combined, it is either one or the other.

The amount of the allowance is based on the price of the rent and the student’s resources. It is not automatically granted but allocated on a case-by-case basis.

TO APPLY FOR FINANCIAL ASSISTANCE, YOU MUST

1- already have your accommodation and a rental contract
2- be able to provide your address and the rent level
3- be registered with Social Security
4- have a French bank account in your name
6.6 VLS-TS VISA VALIDATION

You must validate your VLS-TS visa within 3 months of arriving in France. This entitles you to

1. lawfully remain in France for your visa’s entire validity period
2. leave France, beyond the 3 months following your arrival, without applying for a visa to return

In other words, for the first 3 months after you arrive in France, you may freely leave France and come back, even without having validated your VLS-TS visa. After these 3 months, if you have not validated your VLS-TS visa, you will need to apply for a new visa to re-enter the country.

You can validate your VLS-TS visa online on the following website

https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/

and follow the validation steps:

1. enter the information on your visa: visa number, date of beginning and end of validity, date of issue, reason for stay
2. enter the additional information: family situation, telephone number, email address
3. indicate your date of arrival in France and your address in France
4. pay the Stay Tax of 75 euros (2020 price)

Done! Your visa is validated.

6.7 APPLY FOR A STUDENT RESIDENCE PERMIT ONLINE WITH ANEF-SÉJOUR

When your VLS-TS visa expires, if you wish to continue your studies in France, you must first apply for a residence permit (Carte de Séjour Temporaire Étudiant).

If you wish to stay longer to continue your studies you will need to apply for a multi-annual residence permit (Carte de Séjour Pluriannuelle). The multi-annual residence permit is issued to you under certain conditions and will have a period of validity that corresponds to the number of years remaining in the study programme in which you are enrolled. For example, if you have finished the first year of your undergraduate degree (licence) in France, you could receive a multi-annual residence permit valid for two years, i.e. until the end of the third year of the undergraduate degree.

If you are studying at a Grande École, your renewed residence permit will be valid until you obtain your diploma. If you wish to use this service, please follow the link


ANEF stands for Administration Numérique pour les Étrangers en France in French.

IMPORTANT ADVICE:
Always keep a printed copy of the validation receipt in your passport when you travel.

Students with a VLS-TS Long Stay Visa must undertake a compulsory medical appointment at the Morbihan Anti Tuberculosis Centre, in French Centre de lutte antituberculeuse (CLAT) du Morbihan. The centre will receive students by appointment according to the guidelines of the UBS Preventative Health Care Services (SUMPPS).

Due to the ANEF-séjour, you no longer have to book an appointment at the Préfecture to give your documents. You only need to go to the Préfecture to collect your residence permit once it is ready. While waiting for your residence permit, you can check your application status online.

For users who encounter difficulties in submitting their application online, you can firstly contact the “Centre de contact citoyen”, the Citizen Contact Centre (CCC) for any questions about your application or any problems encountered:

• by completing a contact form at https://administration-etrangers-en-france.interieur.gouv.fr
• Or by calling 0806 001 620, the free of charge dedicated number with adapted teleassistance.

By 2022, the Préfecture will process all residence permit applications online.

For all visa or residence permit enquiries whilst in the Morbihan, you can contact the Préfecture:
BRITTANY IS A VIBRANT, INNOVATIVE, AND ATTRACTIVE ECONOMIC REGION!

In economic terms, Brittany is a highly dynamic region of over 3.2 million people. “Bretagne attracts an average of 23,000 new inhabitants every year and retains its talents due to an exceptional quality of life.” (Source: https://www.invest-in-bretagne.org/why-bretagne/skills-talents/)

Backed by a long-standing agricultural and industrial tradition and 1770 km of coastline, it has four administrative areas called départements in French (Finistère, Morbihan, Ille-et-Vilaine and Côtes d’Armor).

Well-connected and with major University cities like Rennes, Brest, Lorient and Vannes, it is home to 109 research laboratories, 10,000 researchers and over 16 innovation centres enabling the development of large-scale, ground-breaking projects. (Source: https://www.invest-in-bretagne.org/why-bretagne/land-of-innovation/)

Its population is highly qualified, and works essentially in food production and processing industries, naval industries, information technologies and communication (Cyber defence – electronics), new energy sources and biotechnologies.

BRITTANY EXCELS IN EACH OF THESE HIGH VALUE-ADDED SECTORS

In 2012 Brittany was
• no. 1 in the food industry in France
• no. 1 in naval shipbuilding in France
• the 5th biggest industrial region in France
• the 2nd biggest telecommunications centre in France
• the 5th biggest in electronics in France

(Source: www.breizh-amerika.com/bzhbusiness.html)

SMART SPECIALISATION STRATEGY (S3) FOR 2021-2027

Following on from that of the Breizh COP, the participative and collaborative process of building this S3 carried out throughout 2020 has enabled the identification of a transversal axis of support for the transitions in the economy, and five areas of strategic innovation (DIS):
• coastal and maritime Economy for a blue growth
• food Economy for everyone to eat healthily
• secure and responsible digital Economy
• health and well-being Economy for a better quality of life
• industrial Economy for intelligent manufacturing

The transversal axis aims to respond to the challenges of the transitions facing the economy:
• digital and industrial transition
• green and environmental transition
• social transition

TOURISM

The University of South Brittany (UBS) is located in the Morbihan administrative area. Morbihan means little sea in the local Breton language. The name refers to the Gulf of Morbihan, a natural sheltered area in Southern Brittany, well known for its many islands, fresh oysters, seafood production, tourism, transport and logistics.

The Morbihan area has two distinct economies and cultures. The inland area focuses on agriculture and food processing, with many well-known legendary forests, rivers, chapels, canals and moors, while the coast focuses on industrial and recreational maritime activities, fisheries, seafood production, tourism, transport and logistics.

The variety of landscapes, amazingly rich heritage (spanning megaliths, middle age cobbled stone villages, World War II museums, and numerous internationally celebrated festivals) all contribute to making the Morbihan area a well-known holiday destination!

BRITTANY IS THE 5TH BIGGEST REGION IN ELECTRONICS IN FRANCE

• the 5th biggest region in electronics in France
• the 2nd biggest telecommunications centre in France
• no. 1 in naval shipbuilding in France
• no. 1 in the food industry in France

In 2012 Brittany was

If you wish to explore further afield check out:

Discover the 10 best things to do in Morbihan or The 10 Best destinations in Brittany

FURTHER SOUTH

• Nantes and the fantastic world of Jules Vernes
• Saint Nazaire: Where the biggest cruise ships are built: Discover Athis, Cruise liners shipyards and harbour terminals or go through the history of the great ocean liners at Escal’Atlantic

FURTHER NORTH

Discover Brest THE maritime city in Brittany.

DO YOU LIKE ART?

• Visit Pont-Aven where the French Impressionists’ School of Painting began
• or Attend a Modern Art exhibition at The Helene & Edouard Leclerc Foundation in Landerneau

ARE YOU A REAL HISTORY BUFF? TRAVEL THROUGH THE AGES WITHIN A 100 KMS

Explore the internationally renowned megaliths in Carnac from 6500 BC, or the XVII century Duc of Rohan castle in Pontivy.
Near Ploërmel you can also discover what life was like for the resistance movement during WW2 at the Saint Marcel Museum or travel through the forest of Brocéliande where the legend of King Arthur is still well and truly alive!

Brittany is the biggest festival destination in Europe!!!

June to September:
• La Gacilly International Open-Air Photo Exhibition: Brittany’s most progressive and environmentally engaged Open Air Photo Exhibition (Free) (300 000 visitors each year)

July:
• Brittany’s most well-known festivals
• Les Vieilles Charrues
• Vannes 5 days of Free Jazz Festival in town
• Fête du Bruit St Nolff Music Festival (near Vannes)
• Brest International Tall Ship Festival (every 4 years)

August:
• Festival du bout du monde International Folk Music Festival
• Lorient Interceltic Festival (800 000 tourists)
• Les galettes du monde in Saint Anne d’Auray
• St Nazaire’s International Music Festival - Les Escales
8.1 GETTING AROUND

RAILWAY STATIONS

The train stations in Lorient, Vannes and Pontivy are located at the following addresses:

Lorient
Rue de Beauvais
56100 LORIENT

Vannes
Place de la Gare
Avenue Favrel et Lincy
56000 VANNES

Pontivy
Place de la Gare
56300 PONTIVY

NB: As a student you have access to a 25% discount if you are below 28 years of age and up to a 50% discount if you buy a discount card “carte avantage jeune” for 49 euros. This card is valid for 1 year.

Book your tickets directly on https://www.sncf.com/en

or with the National low-cost French subsidiary OUI GO low cost trains

or for regional travel within Brittany on https://www.ter.sncf.com/bretagne

You can book your tickets on your phone as well via the respective Mobile Apps

ITINERARIES TO GET TO UBS

IN VANNES

Vannes has two campuses:
The UBS Tohannic Campus (Blue pin) is located in the South East of the town, while the Institute of Technology (Red pin) is in the South West of the town (see map below).

Click here to access the Tohannic campus map (Fr).

Catching a bus in Vannes

It takes 17 minutes to travel between the Railway station in Vannes and the UBS Tohannic campus by bus (Line 6a).

It takes 23 minutes from the Railway station in Vannes to the Institute of Technology, rue Montaigne by bus.

It takes ten minutes between both the Institute of Technology and the Tohannic campus with the buses running every twenty minutes.

Students can buy a monthly or annual public transport card with Kiceo. Special student fares are available here.

Vannes bus network

A more comprehensive map of all the bus routes in Vannes is available online. You can also download the Kiceo App on your mobile phone. Vannes municipality also offers a network of electrical bicycles with docking stations at both campuses (docking stations numbers 5 and 8 at the bottom of the Map below).

IN LORIENT

The UBS Campus is located in the west of the town.

It takes 18 minutes by bus between the railway station and UBS and buses run every 12 minutes (lines T1 and T3).

The bus stops at Campus lettres, Bibliothèque universitaire or the Campus Sciences stops. It takes approximately 30 minutes on foot.

Students can buy a monthly or annual public transport card with CTRL or go to their office in town at the bus station: Gare d’Échanges, Cours de Chazelles, 56100 Lorient

To access the Lorient bus (and boat) network map click here.

You can also download the CTRL App on your mobile phone.

Student special fares are available.

To access the Lorient campus map, click on CTRL.

You can also access a map of Lorient bicycle paths here.

And if you need to, you can always repair your bicycle at the Syklett solidarity workshop.

© Pixabay
IN PONTIVY

Pontivy is located inland in the centre of Brittany at the crossroads of rivers and canals and at the heart of major rural food production and food processing industries.

The town is about an hour away from Vannes and Lorient by bus and two hours away from Rennes. The UBS Institute of Technology in Pontivy is situated 4 km outside of Pontivy.

8.2 WORKING IN FRANCE

GENERAL RULES

Any foreigner from a country outside the European Union who holds a temporary residence permit or a long-stay student visa can work in France without having to apply for a work permit. The professional activity must be compatible with a student activity and must not exceed 964 hours per year or 20 hours per week.

RECRUITMENT

An employer can only hire a foreign student if he informs the prefecture beforehand, which has issued the student visa or the prefecture where the student lives. The employer must carry out this declaration procedure 2 (working) days prior to the student-employee starting his work activity.

This declaration must include a copy of the student’s residence permit or long-stay visa, a description of the type of work to be performed, the length of the contract, the number of hours to be worked annually and the starting date of the contract. Heavy penalties apply, if the number of hours actually worked by the student is superior to the normal annual hours.

ALGERIANS STUDENTS

Algerian students benefit from a special agreement between France and Algeria. Algerian students still need to be registered by their future employers with la Direction Régionale des Entreprises, de la Concurrence, de la Consommation, du Travail et de l’Emploi (DIRECCTE), the regional employment and consumer authorities located where the student lives. Bretagne DIRECCTE is accessible here. This formal request must include a promesse d’embauche (a written agreement to hire the student) or a work contract. The authorization allows the student to work up to 50 % of the professional branch normal annual hours.

WORKING AFTER COMPLETING YOUR STUDIES

After the completion of your studies, if you wish to remain in France, you need to check if you are allowed to work on https://www.service-public.fr/particuliers/vosdroits/F2229. This will depend on the type of your French degree (often a master degree level is required), the type of work and salary level you wish to obtain, as well as the unemployment rate at the given time in France. To change visa status please visit: http://www.morbihan-gouv.fr/Demarches-administratives/Acceuil-des-etrangers/Changement-de-statut-pour-les-etudiants-diplomes.

8.3 FRENCH EATING HABITS AND FOOD PRICES

French people usually have up to 4 meals a day (one optional, usually for small children).

Breakfast: It is taken in the morning and is the most important of the day. It is a sweet meal with bread, butter, jam and fruit or yogurts, cereals and hot tea, coffee, milk or chocolate or orange juice. French people also like croissants or small pastries on weekends, special occasions or when they have guests. NB: In Brittany, butter is often salted but you can also find unsalted butter.

Lunch: This meal is taken between 12 pm and 2 pm and is usually a savoury dish taken in company, university or school cafeterias, or in restaurants. You can either eat a traditional meal with a starter, main course (meat, fish, eggs) and dessert, or eat a quick, light meal (sandwiches, hot paninis, cold mixed salads, quiches).

Afternoon tea (optional): Usually for children straight after school around 4 pm. It is a light refreshment as dinner is often later around 7 to 9 pm.

Dinner: It is a 3-course meal, made at home, and an occasion to invite friends. In Winter people may have a hot soup as a starter. Nowadays there are also take away meals ordered in company, university or the regional employment and consumer authorities (DIRECCTE) Régionale des Entreprises, de la Concurrence, de la Consommation, du Travail et de l’Emploi.

WHERE TO DO YOUR SHOPPING?

Grocery Food is usually cheaper in supermarkets and fresh food at the weekly open markets. Most well-known supermarkets include Carrefour, Intermarché, Leclerc, Aldi, Auchan, Lidl, Super U, Géant Casino.

Check out the fresh food markets as they are usually a nice outing, and prices are cheaper towards the end of the market. In Lorient the fresh food markets are on Wednesday and Saturday mornings at the Merville hall in the city centre from 8 am to 1 pm. In Vannes, the market takes place on Wednesday and on Saturday mornings. In Pontivy, the fresh food market is rue Lorois on Saturdays from 8 am to 1 pm.

Organic shops also exist and are becoming common place but tend to be more expensive. Try to find a local organic cooperative producer selling local produce, if you want organic food, they may have less choice but are cheaper. You can also access organic food baskets delivered onsite on Tuesdays on the Vannes campus for 5 euros and 4.50 euros on Fridays in Lorient. Check out the UBS websites by typing “paniers bio” to fill in your order and check on pick up locations.

FOOD PRICES (2021)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bread</td>
<td>250 g 0.9€</td>
</tr>
<tr>
<td>Butter</td>
<td>250 g 2€</td>
</tr>
<tr>
<td>Orange juice</td>
<td>2.5€</td>
</tr>
<tr>
<td>Potatoes</td>
<td>2€ for 2.5€/kg</td>
</tr>
<tr>
<td>Pasta</td>
<td>1.5€/500 g</td>
</tr>
<tr>
<td>Rice</td>
<td>1.76€/kg</td>
</tr>
<tr>
<td>Tin of Tuna</td>
<td>2€</td>
</tr>
<tr>
<td>Apple/oranges</td>
<td>2.6€/kg</td>
</tr>
</tbody>
</table>
UNIVERSITY RESTAURANTS

In France, University Restaurants or RUs exist on all campuses.

In Lorient, the restaurant is located between the Faculty of Arts, Humanities and Social Sciences and the Faculty of Sciences. It can sit 800 people and is spread over 3 distinct locations:
- Chaplin space: salads, grilled meat, and fish
- Kiosk: sandwiches or take-aways
- Self-Service: classical meals or steak and fries

In Vannes, on the Tohannic campus the restaurant can sit 900 people. It is open Monday to Friday lunch time with a self-service area, a cafeteria, and a bistro (Brasserie in French).

University restaurants are the best value for money as it usually only costs 3.30 € for a 3-course meal. There are also small cafeterias’ open Mondays to Fridays where you can find, sandwiches, bread, paninis, hot dishes, and salads. The Campus also has hot or cold drink vending machines in most buildings. If you wish you can always bring your own meal and find a microwave in one of the student dedicated eating rooms.

If you want to activate a cashless payment system on your student card download the Izly App and link it to your debit or credit card. This will save you time in the queue and you can always recredit your account via your phone.

8.4 PRACTICING YOUR RELIGION

<table>
<thead>
<tr>
<th>LORIENT</th>
<th>PONTIVY</th>
<th>VANNES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communauté Israélite</td>
<td>Église Catholique</td>
<td>Église Catholique</td>
</tr>
<tr>
<td>There are no synagogues in Lorient. Please refer to ACIL (Association Culturelle Israélite de Lorient)</td>
<td>Presbytère Notre Dame de Joie</td>
<td>Presbytère de l’Eglise Saint Vincent Ferrier</td>
</tr>
<tr>
<td>Phone number: +33 (0)2.97.84.92.75</td>
<td>Place Bourdonnay du Clézio</td>
<td>59 rue des Vénètes</td>
</tr>
<tr>
<td></td>
<td>56300 PONTIVY</td>
<td>56000 VANNES</td>
</tr>
<tr>
<td></td>
<td>Phone number: +33 (0)2.97.25.02.53</td>
<td>Phone number: +33 (0)2.97.63.22.03</td>
</tr>
<tr>
<td>Église Catholique</td>
<td>L’Église de Jésus-Christ des saints des derniers jours</td>
<td>Église Catholique</td>
</tr>
<tr>
<td>La paroisse de St Louis/Eglise Notre-Dame de Vitré</td>
<td>5 place Bir Hakim</td>
<td>Presbytère Notre Dame de Joie</td>
</tr>
<tr>
<td>Place Alsace-Lorraine</td>
<td>Phone number: +33 (0)2.97.42.71.38</td>
<td>5 rue des Vénètes</td>
</tr>
<tr>
<td>56100 LORIENT</td>
<td>Église évangélique protestante</td>
<td>Phone number: +33 (0)2.97.54.33.78</td>
</tr>
<tr>
<td>Église du Sacré-Coeur du Moustoir</td>
<td>11 rue du Capitaine Labordette</td>
<td>Église protestante réformée</td>
</tr>
<tr>
<td>22 rue François Le Lave</td>
<td>Phone number: +33 (0)2.97.63.53.88</td>
<td>28 rue du 8 mai 1945</td>
</tr>
<tr>
<td>56100 LORIENT</td>
<td>Église protestante réformée</td>
<td>Phone number: +33 (0)2.97.42.41.00</td>
</tr>
<tr>
<td>Église évangélique protestante</td>
<td></td>
<td>Église adventiste du septième jour</td>
</tr>
<tr>
<td>2 rue du Plénéno</td>
<td>32 rue Claude Monet</td>
<td>56100 LORIENT</td>
</tr>
<tr>
<td>56100 LORIENT</td>
<td>Phone number: +33 (0)2.97.63.53.88</td>
<td>Phone number: +33 (0)2.97.68.30.60</td>
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<tr>
<td>Phone number: +33 (0)2.97.63.22.03</td>
<td></td>
<td>Église évangélique protestante</td>
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<tr>
<td></td>
<td>Mass: 10:30 am from September to June and 7pm during Summer</td>
<td>18 avenue Edouard Herriot</td>
</tr>
<tr>
<td></td>
<td>Mass: Saturdays 16:30 am</td>
<td>Phone number: +33 (0)2.97.47.16.75</td>
</tr>
<tr>
<td>Église protestante réformée</td>
<td></td>
<td>Association Culturelle des Turcs de l’Ouest (ACTO)</td>
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<tr>
<td>23 bd de l’Eau courante</td>
<td></td>
<td>201 avenue de Verdun</td>
</tr>
<tr>
<td>56100 LORIENT</td>
<td>Phone number: +33 (0)2.97.47.63.98</td>
<td>201 avenue de Verdun</td>
</tr>
<tr>
<td></td>
<td>Phone number: +33 (0)2.97.47.63.98</td>
<td>Phone number: +33 (0)297.54.02.67</td>
</tr>
<tr>
<td>Foi islamique</td>
<td>France Mission Eglise Évangélique</td>
<td>Église orthodoxe saint Basile et saint Alexis</td>
</tr>
<tr>
<td>Meetings take place at Cité Allende. For more information, please contact l’Association Culturelle et Islamique de Lorient</td>
<td>ZAC du Pouflanc</td>
<td>53, boulevard de la Beaujoire</td>
</tr>
<tr>
<td>Maison des associations</td>
<td>26 rue de Lorraine</td>
<td>44300 Nantes</td>
</tr>
<tr>
<td>479, 12 rue Colbert</td>
<td>Phone number: +33 (0)2.97.47.63.98</td>
<td>Phone number: +33 (0)2 28 24 00 96</td>
</tr>
<tr>
<td>56100 LORIENT</td>
<td></td>
<td>Jewish people are attached to the Rabbi of Nantes.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Synagogue: Consistoire Israélite de Nantes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>5 impasse Copernic</td>
</tr>
<tr>
<td></td>
<td></td>
<td>44000 NANTES</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Phone number: +33 (0)2.49.73.48.92</td>
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Jewish people are attached to the Rabbi of Nantes.
Synagogue: Consistoire Israélite de Nantes
5 impasse Copernic
44000 NANTES
Phone number: +33 (0)2.49.73.48.92
<table>
<thead>
<tr>
<th>Common expressions</th>
<th>Expressions courantes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bonjour</td>
<td>Good morning</td>
</tr>
<tr>
<td>Bonsoir</td>
<td>Good evening</td>
</tr>
<tr>
<td>Salut</td>
<td>Hello! Hi there!</td>
</tr>
<tr>
<td>Excusez-moi</td>
<td>Excuse-me</td>
</tr>
<tr>
<td>Merci</td>
<td>Thank you</td>
</tr>
<tr>
<td>De rien</td>
<td>You're welcome</td>
</tr>
<tr>
<td>Où se trouve ?</td>
<td>Where is?</td>
</tr>
<tr>
<td>Avez-vous ?</td>
<td>Have you got?</td>
</tr>
<tr>
<td>Comment allez-vous?</td>
<td>How are you?</td>
</tr>
<tr>
<td>Combien ça coûte ?</td>
<td>How much does it cost?</td>
</tr>
<tr>
<td>Parlez-vous anglais ?</td>
<td>Do you speak English?</td>
</tr>
<tr>
<td>Pouvez-vous parler moins vite ?</td>
<td>Can you speak more slowly?</td>
</tr>
<tr>
<td>Quelle heure est-il ?</td>
<td>What time is it?</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Common questions</th>
<th>Questions courantes</th>
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<tbody>
<tr>
<td>Où se trouve ?</td>
<td>Where is?</td>
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<tr>
<td>Avez-vous ?</td>
<td>Have you got?</td>
</tr>
<tr>
<td>Comment allez-vous ?</td>
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<tr>
<td>Quelle heure est-il ?</td>
<td>What time is it?</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Common answers</th>
<th>Réponses courantes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bien merci</td>
<td>Fine thank you</td>
</tr>
<tr>
<td>Je ne comprends pas / Je comprends</td>
<td>I don't understand / I understand</td>
</tr>
<tr>
<td>Enchanté</td>
<td>Nice to meet you</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Food</th>
<th>Alimentation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain</td>
<td>Bread</td>
</tr>
<tr>
<td>Café</td>
<td>Coffee</td>
</tr>
<tr>
<td>Thé</td>
<td>Tea</td>
</tr>
<tr>
<td>Confiture</td>
<td>Jam</td>
</tr>
<tr>
<td>Chocolat</td>
<td>Chocolate</td>
</tr>
<tr>
<td>Pâtes</td>
<td>Pasta</td>
</tr>
<tr>
<td>Riz</td>
<td>Rice</td>
</tr>
<tr>
<td>Sauce</td>
<td>Sauce</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fruit and Vegetables</th>
<th>Fruits et légumes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pomme</td>
<td>Apple</td>
</tr>
<tr>
<td>Poire</td>
<td>Pear</td>
</tr>
<tr>
<td>Banane</td>
<td>Banana</td>
</tr>
<tr>
<td>Clémentine</td>
<td>Clementine (mandarine)</td>
</tr>
<tr>
<td>Orange</td>
<td>Orange</td>
</tr>
<tr>
<td>Fraise</td>
<td>Strawberry</td>
</tr>
<tr>
<td>Tomate</td>
<td>Tomato</td>
</tr>
<tr>
<td>Salade verte</td>
<td>Green salad</td>
</tr>
<tr>
<td>Courgette</td>
<td>Zucchini (US)</td>
</tr>
<tr>
<td>Concombre</td>
<td>Cucumber</td>
</tr>
<tr>
<td>Pomme de terre</td>
<td>Potato</td>
</tr>
<tr>
<td>Poivron</td>
<td>Sweet pepper, capsicum</td>
</tr>
<tr>
<td>Carotte</td>
<td>Carrot</td>
</tr>
<tr>
<td>Lait</td>
<td>Milk</td>
</tr>
<tr>
<td>Jus d’orange</td>
<td>Orange juice</td>
</tr>
<tr>
<td>Jus de fruits</td>
<td>Fruit juice</td>
</tr>
<tr>
<td>Sirop</td>
<td>Syrup</td>
</tr>
<tr>
<td>Bière</td>
<td>Beer</td>
</tr>
<tr>
<td>Citron</td>
<td>Cider</td>
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### Fresh food

<table>
<thead>
<tr>
<th>French</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td>OEuf</td>
<td>Egg</td>
</tr>
<tr>
<td>Beurre</td>
<td>Butter</td>
</tr>
<tr>
<td>Yaourt</td>
<td>Yogurt</td>
</tr>
<tr>
<td>Fromage</td>
<td>Cheese</td>
</tr>
<tr>
<td>Crème</td>
<td>Cream</td>
</tr>
<tr>
<td>Poisson</td>
<td>Fish</td>
</tr>
<tr>
<td>Fruits de mer</td>
<td>Seafood</td>
</tr>
<tr>
<td>Jambon</td>
<td>Ham</td>
</tr>
<tr>
<td>Saucisse</td>
<td>Sausage</td>
</tr>
<tr>
<td>Lardons</td>
<td>Pieces of diced bacon</td>
</tr>
<tr>
<td>Steak haché</td>
<td>Minced meat</td>
</tr>
<tr>
<td>Escalope de poulet</td>
<td>Chicken breast</td>
</tr>
<tr>
<td>Escalope de dinde</td>
<td>Turkey breast</td>
</tr>
<tr>
<td>Mairie</td>
<td>Town hall</td>
</tr>
<tr>
<td>Hôpital</td>
<td>Hospital</td>
</tr>
<tr>
<td>Gare SNCF</td>
<td>Railway station</td>
</tr>
<tr>
<td>Gare routière</td>
<td>Coach / bus station</td>
</tr>
<tr>
<td>La poste</td>
<td>The post office</td>
</tr>
<tr>
<td>Pharmacie</td>
<td>Chemist's / drugstore</td>
</tr>
<tr>
<td>Coiffeur</td>
<td>Hairdresser</td>
</tr>
<tr>
<td>Pompiers</td>
<td>Fire service</td>
</tr>
<tr>
<td>Médecin</td>
<td>Doctor</td>
</tr>
<tr>
<td>Dentiste</td>
<td>Dentist</td>
</tr>
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</table>

### Important places

<table>
<thead>
<tr>
<th>French</th>
<th>English</th>
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</thead>
<tbody>
<tr>
<td>Mairie</td>
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<td>Médecin</td>
<td>Doctor</td>
</tr>
<tr>
<td>Dentiste</td>
<td>Dentist</td>
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</table>

### Academic vocabulary

<table>
<thead>
<tr>
<th>French</th>
<th>English</th>
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</thead>
<tbody>
<tr>
<td>Étudiant</td>
<td>Student</td>
</tr>
<tr>
<td>Semestre</td>
<td>Semester</td>
</tr>
<tr>
<td>Secrétariat</td>
<td>Secretary</td>
</tr>
<tr>
<td>Accueil</td>
<td>Reception</td>
</tr>
<tr>
<td>Salle de cours</td>
<td>Classroom</td>
</tr>
<tr>
<td>Salle informatique</td>
<td>Computer room</td>
</tr>
<tr>
<td>Examen / partiel</td>
<td>Examination / exam based on a module</td>
</tr>
<tr>
<td>Travaux pratiques (TP)</td>
<td>Tutorial</td>
</tr>
<tr>
<td>Bibliothèque universitaire (BU)</td>
<td>University library</td>
</tr>
<tr>
<td>Université</td>
<td>University</td>
</tr>
<tr>
<td>Faculté</td>
<td>Faculty</td>
</tr>
<tr>
<td>Enseignant</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Professeur</td>
<td>Professor</td>
</tr>
<tr>
<td>Télécharger un fichier</td>
<td>To download a file</td>
</tr>
<tr>
<td>Plagiat</td>
<td>Plagiarism</td>
</tr>
<tr>
<td>Mettre en ligne des cours / des fichiers</td>
<td>To upload a lecture / files</td>
</tr>
<tr>
<td>Soumettre un devoir</td>
<td>To submit an assignment</td>
</tr>
<tr>
<td>Examen en présentiel</td>
<td>An in-person exam (face to face)</td>
</tr>
<tr>
<td>Examen en ligne</td>
<td>Online exam</td>
</tr>
<tr>
<td>Travaux de groupes</td>
<td>Group work</td>
</tr>
<tr>
<td>Une clef USB</td>
<td>A flash drive / a USB stick / a memory stick</td>
</tr>
<tr>
<td>La carte étudiante</td>
<td>Student card</td>
</tr>
<tr>
<td>Un courriel</td>
<td>An email</td>
</tr>
<tr>
<td>FRENCH - FRANÇAIS</td>
<td>ENGLISH - ANGLAIS</td>
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<tr>
<td>--------------------------</td>
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<tr>
<td>Carte postale</td>
<td>Postcard</td>
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<tr>
<td>Timbre</td>
<td>Postage stamp</td>
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<tr>
<td>Magazine</td>
<td>Magazine</td>
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<tr>
<td>Journal</td>
<td>Newspaper</td>
</tr>
<tr>
<td>Téléphone portable</td>
<td>Mobile phone</td>
</tr>
<tr>
<td>Premiers secours</td>
<td>First aid</td>
</tr>
<tr>
<td>Médicament</td>
<td>Medicine</td>
</tr>
<tr>
<td>Pansement avec compresse</td>
<td>Dressing</td>
</tr>
<tr>
<td>Pansement adhésif</td>
<td>Plaster / Band-Aid</td>
</tr>
<tr>
<td>Arrêt de bus</td>
<td>Bus stop</td>
</tr>
<tr>
<td>Ticket de bus</td>
<td>Bus ticket</td>
</tr>
<tr>
<td>Un aller simple</td>
<td>A single (ticket)</td>
</tr>
<tr>
<td>Un aller - retour</td>
<td>A return (ticket)</td>
</tr>
<tr>
<td>Sport</td>
<td>Sport</td>
</tr>
<tr>
<td>Vélo</td>
<td>Bicycle</td>
</tr>
<tr>
<td>Piscine</td>
<td>Swimming pool</td>
</tr>
<tr>
<td>Courir</td>
<td>To run / jog</td>
</tr>
<tr>
<td>Cinéma</td>
<td>Cinema (GB) / Movie theater (US)</td>
</tr>
<tr>
<td>Film</td>
<td>Film / movie</td>
</tr>
<tr>
<td>Séance</td>
<td>A show</td>
</tr>
<tr>
<td>Théâtre</td>
<td>Theatre</td>
</tr>
<tr>
<td>Représentation</td>
<td>Performance</td>
</tr>
<tr>
<td>Musée</td>
<td>Museum</td>
</tr>
<tr>
<td>Tableau</td>
<td>Picture / painting</td>
</tr>
<tr>
<td>Sculpture</td>
<td>Sculpture</td>
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<tr>
<td>Chef d’œuvre</td>
<td>Masterpiece</td>
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IN CASE OF EMERGENCY (ANYWHERE IN EUROPE):

112

SAMU URGENT MEDICAL AID SERVICES:

15 OR 112 FROM A MOBILE

FIRE SERVICES:

18 OR 112 FROM A MOBILE

POLICE:

17 OR 112 FROM A MOBILE

PHARMACY ON DUTY:

3237 OR WWW.3237.FR

DOCTOR ON CALL:

02 97 68 42 42

SEA RESCUE OPERATIONS (CROSS D'ETEL):

196